The Solstrand Programme

The Solstrand programme is a unique meeting place for high-level, experienced leaders who wish to develop their leadership skills. We utilise relevant research-based knowledge of leadership, organisational structure and society.

The programme is challenging and energising, and offers you, as a leader, new knowledge and impulses while enhancing your ability to execute. The Solstrand programme contributes to the development of Norwegian businesses and the public sector by providing participants with a better understanding of organisational structure and greater insight into leadership processes.

Since 1953, Nordic leaders have come to the Solstrand programme to learn from and with one another. Significant benefits of the programme are acquired by working with relevant challenges and through interactions with other leaders. All participants have extensive leadership experience, and represent a variety of industries, backgrounds and experience.

The major goal of the programme is to increase the value of each individual's leadership role in their business. Participants will develop a stronger and more effective leadership role, with a higher capacity for managing challenging decision-making processes and complex situations. The programme also offers leaders greater insight into their own influence, power and authority, and that of others. You will strengthen your relational competency and achieve greater security in your leadership role. The Solstrand programme emphasises individual leadership challenges and the specific culture, mandate and result requirements for each business enterprise. The development process is adapted to the needs and framework conditions of your business. We ensure a process that is relevant for you in your management position.

The programme enhances the participants' capacity for change and their ability to manage strategic issues. Evaluation studies show that participants in the Solstrand programme develop a stronger focus on their environment, greater action orientation, and enhanced decision-making capacity. The Solstrand programme is therefore a unique and rewarding service for those seeking a professional and personal boost.

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DYNAMIC DEVELOPMENT OF LEADERSHIP

SPRING SESSION

Leadership and strategy
- Managing strategic processes
- Influence and impact
- Effective decision-making processes

Innovation and technology
- Strategic management groups
- Networks, influence, confidence
- Personal risk and authority

AT SESSIONS

‣ 360-evaluation
‣ Consultant follow-up

BECOMING A BETTER BOSS

PROFESSOR JILLIAN BIRKINSHAW

Behavioural economics and decisions
PROFESSOR ALEXANDER W. CAPPELEN

WHY SHOULD ANYONE BE LED BY YOU?

PROFESSOR GARETH JONES

AUTUMN SESSION

Strategy and innovation
PROFESSOR GIUSEPPE FONERICO

Digitalisation and technology management
ANNY BLOCH

BEING INSOLE CHARGE OF YOUR LIFE

PROFESSOR IMREDEK WILHELMSEN

WINTER SESSION

Globalisation and the art of leadership
- Collaboration
- Globalisation
- Value-creating interaction

Leadership of prima donnas
PROFESSOR ANNIE BÁRD

Leadership as conducting
FLORIAN SCHÖNWIESE

GLOBAL PERSPECTIVES

LEADERS WITH A GLOBAL PERSPECTIVE

SUMMER SESSION

Scenarios and change
- Extraordinary performances
- Sustainable management
- Self-awareness

Presence and choices

Change drivers

SCENARIOS

CAROLLO TERRAS, MARTHHA

BECOMING A BETTER BOSS

PROFESSOR JULIAN BIRKINSHAW

Behavioural economics and decisions
PROFESSOR ALEXANDER W. CAPPELEN

WHY SHOULD ANYONE BE LED BY YOU?

PROFESSOR GARETH JONES

STRATEGIC MANAGEMENT GROUPS

NETWORKS, INFLUENCE, CONFIDENCE

PERSONAL RISK AND AUTHORITY

EXPERIMENTS

‣ Triangular conversation
‣ Consultant follow-up

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‣ Triangular conversation
‣ Consultant follow-up

AT THE ENTERPRISE

- Specification of development needs for participants and enterprise
- Dialogue with own leader

BEFORE THE PROGRAMME

‣ 360-evaluation
‣ Consultant follow-up

BETWEEN SESSIONS

‣ 360-evaluation
‣ Consultant follow-up

BETWEEN SESSIONS

‣ 360-evaluation
‣ Consultant follow-up

BETWEEN SESSIONS

‣ 360-evaluation
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BETWEEN SESSIONS

‣ 360-evaluation
‣ Consultant follow-up

AFTER THE PROGRAMME

‣ Alumni sessions

OF LEADERSHIP
The extent and the design of the programme facilitate an in-depth understanding and processing of various issues. Leaders and key actors in Norwegian society and international research contribute to the programme with their knowledge and experience. Dialogue and discussions renew your leadership through a dynamic development process. A large part of this learning process involves feedback from your own organisation, consultants, and other participants.

Managers have benefited from the Solstrand programme for more than 60 years. Over the years, the programme has attracted leaders with rich and varied leadership experience. In this programme, leaders learn together with other leaders, across business enterprises, industries and sectors. As a participant of the Solstrand programme, you will create your own network, and develop friendships that often last a lifetime.

"The Solstrand programme will make you a better leader, something the people around you will notice, and your business will benefit from."

MANU HOFSTAD, PROGRAMME DIRECTOR

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